



Diabetes Support Group

Our diabetes support group is a self-help group that can provide educational, social, and emotional support for people affected by diabetes.

- Guest speakers
- Gain support from others
- Improve blood glucose levels
- Gain nutritional support, and more...

Please join us for information and to share thoughts and experiences on specific diabetes issues.



Hosted by Bill Kercher author of "Coping: How I Am Living With Type 2 Diabetes."

Please join us on
Tuesday April 21 at 6:15 p.m.
Tuesday May 19 at 6:15 p.m.
Tuesday June 16 at 6:15 p.m.



Free to all members and non-members
For more information please contact
Clark County Family YMCA
11324 NE 51 Circle
Vancouver, WA 98682
www.ymca-clarkcounty.org