



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

How are we doing? So we can better serve you, please complete our online survey at:
http://www.surveymonkey.com/s/Clark_Youth_Programs

JANUARY-MARCH SWIM LESSONS

ALL SWIM LESSONS ARE 30 MINUTES. PARTICIPANTS MAY ONLY ATTEND THE CLASS DAY AND TIME THAT THEY ARE REGISTERED FOR.

Monday and Wednesday Evenings 8 Lessons/Session

Session Cost: \$57 Member Price: \$38

Session 1: January 9th February 1st

Session 2: February 6th-February 29th

Session 3: March 5th-March 28th

Ages 3-5 years

Pike 6:30, 7:00

Eel 6:00

Ray 6:30

Ages 6-12 years

Polliwog 6:00, 7:00

Guppy 6:00, 6:30

Minnow 7:00

Tuesday and Thursday Evenings-8 Lessons/Session

Session Cost: \$57 Member Price: \$38

Session 1: January 10th-February 2nd

Session 2: February 7th-March 1st

Session 3: March 6th-March 29th

Ages 6-36 month

Parent and Child 5:30

Ages 3-5 years

Pike 5:30, 6:30

Eel 6:00

Ray 5:30

Ages 6-12 years

Polliwog 6:00, 6:30

Guppy 6:00

Minnow 6:30

Saturday Mornings 4 Lessons/Session

Session Cost: \$36 Member Price: \$24

Session 1: January 7th-January 28th

Session 2: February 4th-February 25th

Session 3: March 3rd-March 24th

Ages 6-36 month

Parent and Child 10:30

Ages 3-5 years

Pike 9:00, 10:00

Eel 9:30, 10:00

Ray 9:30

Ages 6-12 years

Polliwog 9:00, 10:00

Guppy 9:30, 10:30

Minnow 10:30

Tuesday and Thursday Mornings-8 Lessons/Session

Session Cost: \$57 Member Price: \$38

Session 1: January 10th-February 2nd

Session 2: February 7th-March 1st

Session 3: March 6th-March 29th

Ages 3-5 years

Pike 10:00

Eel 10:00

Ray 10:30

Ages 6-36 month

Parent and Child 10:30



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WINTER SWIM LESSONS

WWW.YMCA-CLARKCOUNTY.ORG

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Class Descriptions and Prerequisites

6-36 months

Parent and Child—This program promotes water enrichment and aquatic readiness activities for children and their parents or other trusted adults 18 years of age and older. Families learn safe and fun ways to learn about swimming together.

3-5 years

Pike – Beginning level. This class will focus on water adjustment and basic skills. No previous swimming experience required.

Eel – Child should be able to paddle on front, back and side for 15 feet with support and feel comfortable submerging face.

Ray – Child should be able to paddle on front, back and side for 15 feet without support and feel comfortable in deep water.

6-12 years

Polliwog – This class will focus on water adjustment and basic skills. No previous swim experience required.

Guppy – Child should be able to paddle on front, back and side for 25 yards with support and 20 feet without support.

Minnow – Child should be able to paddle on front, back and side for 25 yards without support. The class will focus on defining paddles into strokes.

Swim Lesson Rules and Policies

***All swim Lesson participants and Guests must check in at the front desk.**

***Help us keep our pool deck clean and safe; no shoes, food or drink allowed on the pool deck.**

***For safety reasons, participants may not enter the pool before they are instructed to do so by their Swim Lesson Instructor. Participants cannot be in the pool before their lessons, and they need to leave the pool as soon as their lesson is over.**

***All swim lessons are 30 minutes and participants may only attend the day and time that they are registered for. We do not offer make-ups or refunds for missed lessons.**

***Cancellation policies apply**